How happy are people in the UK with their quality of life compared to Europeans?

**OVERALL LIFE**
- **Bulgaria (least content)**: 4.8/10
  - EU average: 7.1/10
  - UK: 7.3/10 (Denmark/Finland/Sweden (most content): 9/10)

**FINANCES**
- **Bulgaria (least content)**: 3.7/10
  - EU average: 6/10
  - UK: 6.2/10 (Denmark/Sweden (most content): 7.6/10)

**HOUSING**
- **Bulgaria (least content)**: 6/10
  - EU average: 7.5/10
  - UK: 7.9/10 (Finland (most content): 8.4/10)

**JOB**
- **Bulgaria (least content)**: 6/10
  - EU average: 7/10
  - UK: 7.1/10 (Denmark/Finland (most content): 8.1/10)

**SELF-PERCEIVED HEALTH**
- **Share of people rating their health good or very good**
  - **Latvia (least content)**: 45.4%
  - **EU average**: 67.7%
  - **UK**: 74.4%
  - **Ireland (most content)**: 82.3%

**RELATIONSHIPS**
- **Bulgaria (least content)**: 5.7/10
  - EU average: 7.8/10
  - UK: 8.3/10 (Ireland (most content): 8.6/10)

**SAFETY**
- **Share of people feeling safe when walking alone in the dark**
  - **Lithuania (least content)**: 9.8%
  - **EU average**: 28.4%
  - **UK**: 38.3%
  - **Malta (most content)**: 66.4%

**TRUST IN THE LEGAL SYSTEM**
- **Slovenia (least content)**: 2.7/10
  - EU average: 4.6/10
  - UK: 5.5/10 (Denmark (most content): 7.5/10)

People in the UK seem to have a reasonable level of satisfaction, often above the EU average. But folks in Bulgaria seem generally pretty miserable, while Denmark appears to be the country to head to for maximum satisfaction.

- Unless otherwise indicated, figures are measured on a scale of 1-10, where 1 is negative and 10 is positive.

### WHO TOOK PART
Satisfaction levels were measured for people from the following countries, in the categories shown: EU countries collectively (28 in all), Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland*, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway*, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Switzerland*, UK

![Image of a map showing the happiest places in the UK](image-url)

**WHO'S HAPPY IN THE UK?**
Where in the UK are we the happiest, overall, with a variety of local factors?

**FRIENDLY NEIGHBOURS**
- **Llandrindod Wells**
- **Inverness**
- **Darlington**

**AREA UPKEEP**
- **Harrogate**
- **Kingston upon Thames**
- **Llandrindod Wells**

**LIKE LOCAL COMMUNITY**
- **Westminster**
- **Reading**
- **Torquay**

**OVERALL**
- **Harrogate**
- **Shrewsbury**
- **Ipswich**
- **York**
- **Chester**
- **Inverness**
- **Llandrindod Wells**
- **Barking and Dagenham**
- **Watford**
- **Blackpool**

Sources: Quality of Life Survey, ec.europa.eu/eurostat, www.rightmove.co.uk *Non-EU countries